

Arizona Flycasters Club

R E E L L I N E S

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July 2006



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FEDERATION OF
FLY FISHERS



Next Meeting:
Essential Arizona
Flies

Thursday,
July 13th
7:00 PM

President's Riffles

Brian Mazoyer Mazbrian@cox.net

I recently read an article in one of my fly-fishing magazines by Jack Nicklaus, the famous golfer, who as many of you know is a board member and the new national spokesperson for the Federation of Fly Fishers. One of the subjects in the article that struck a chord with me was his reason for his affiliation with FFF: "It's an opportunity to give something back to the sport that has given so much to me." I thought about that for a while and realized if it wasn't for someone (ok, lots of people in my case) taking the time to show me "the ropes" I wouldn't have anywhere near the knowledge or skill I have today and wouldn't be able to pass on some of my knowledge to others as they did for me.

My point is to remind you how important it is to share what you have learned, to pass it on and keep passing down our fly fishing traditions so that we keep the spirit of our great sport alive and well. So, my hope is that you'll be inspired to be involved with all of the educational activities our club has to offer or maybe become more involved in the club than you have been.

If there is an area of interest to you, whether it be fly tying, rod construction, casting, net building or whatever, get involved with the people who instruct these classes and offer your help. On the other side of the coin, if you are looking for help I would highly encourage you to participate in any of the educational opportunities available to you because we have some great mentors who are excited about sharing our sport.

This coming meeting will be a great chance for you to see some of the best fly tiers our club has to offer in action. I think it will be very exciting- read Nancy Vance's article below for further details.

I am always on the lookout for pictures from outings, classes or any other club events. So, if you take any pictures please e-mail them to me at the address above so I can use them at the meeting slide shows and archive them with the club.

As always, I hope to have the opportunity to fish with you soon!

Ever wonder what flies to use in Arizona lakes and streams? Well, AFC might just have the answer for you. Come to our July meeting and watch nine of our most gifted tiers create flies that have been proven very successful for both moving and stillwater. AFC members who will be tying are Ron Robinson, Brian Mazoyer, Art Thomas, Jon Wallace, Jim Sampson, Bob Rudzinski, Dennis Lockett, Ed Rife, and Bill Vance. They will show you the basic tie and variations they have used successfully. Also, you can find out how to fish these flies, what line to use and at what depth. Please join us Thursday evening to learn about some popular flies and how to use them to make your time fishing more productive!

-Nancy Vance



Big Smiles: Tavan students built their own rods with AFC's help.

See story on page 4

Upcoming Three Month Calendar	July	8 - 9	Sat - Sun	Gila/Apache Trout Workday*	
		11th	Tuesday	Intermediate Fly Tying	
		13th	Thursday	General Meeting	
		22-23	Sat - Sun	Big Lake Outing	
		29-30	Sat - Sun	Gila/Apache Trout Workday*	
		31-5	Mon - Sat	ACA National Casting Tournament Monthly Raffle	
		August	10th	Thursday	General Meeting
			12-13	Sat - Sun	Bull Thistle/Crawfish Extravaganza
	19-20		Sat - Sun	Gila/Apache Trout Workday	
	September	Mondays + Wednesdays		Fly Tying Classes	
		14th	Thursday	General Meeting	
		16-17	Sat - Sun	Gila/Apache Trout Workday*	
		23-24	Sat - Sun	Woods Canyon Lake	
		30	Saturday	Casting Clinic	

* With Old Pueblo TU - see the June issue of Reel Lines. Contact Dick Kennedy for info.

**Education
Committee
News**

Ron Robinson

robinsonrs@cox.net

Intermediate Fly Tying Class - July 11, 2006

Brian Mazoyer will give a revised class on bass bugs. So if you have been to his classes the last few years, be prepared for something new. As usual, the class will be at the Sunnyslope Community Center from 7 - 9 PM. The club will supply all the materials and equipment for those of you in need. If you have any questions give Brian or Ron Robinson a call.

Additional Casting Help

Jack Miller has volunteered his talents to teaching casting or helping those having trouble with a given technique. Jack lives in the Gilbert area and can be reached at 480 545 4421. You can also get help from Dito Ladd at 480 556 0848 and Ron Robinson at 602 867 8820.

National Casting Tournament of the American Casting Association

This year's national tournament is being hosted by the Long Beach Casting Club. Several of our club members will be competing in this tournament and you might want to visit or even enter some of the events. The dates are July 31 to August 5. Most of the events will be cast at the club's site at 4900 E. 7th. Street in Long Beach. As an added attraction there is good salt water fishing in the Long Beach area this time of year and daytime temperatures rarely exceed 80! Give Ron Robinson a call if you would like more information.

A Warm Welcome to our Newest Member:

Robert (Bob) Howard of Phoenix

33 and counting...

That's the number of AFC folks signed up on the Yahoo club board. To join in, type or cut and paste the following into your browser's address bar:

<http://sports.groups.yahoo.com/group/afcfishingbuddies/>

AFC's Monthly Raffle

The majority of items on the table for the Monthly Raffle are donated by members. Some items are new, some slightly used. I will accept whatever you bring to the table for the raffle. Especially popular with members are books and flies. Donating is a good way to get rid of those items you never seem to get to use. Don't forget, anything is appropriate, even if it is not directly fly fishing related. Also, donors earn Ed Adams points.

Instead of throwing it away or letting it clutter and collect dust, bring it to the raffle table!

Caddisflies

Text and
Illustrations by
Jerry Hobbs

Second in a series



Larva

Before I became a fly fisherman I was an entomology student at the Univ. of Colorado in Boulder. One of the most fascinating of the insects to me was the caddisfly. The larvae of caddisflies either construct cases around themselves for protection while they prey on other aquatic life or they construct a silken net by which they trap their prey, usually in faster water.

Different species use different materials to make their cases- small pebbles, sticks, leaves, shells, or sand. They then lurk inside the case to catch unsuspecting prey. Or, in the case of certain other species, they use their nets to catch prey.

Caddisflies engage in complete metamorphosis, so have 4 stages in their life cycle: egg, larva, pupa, adult. Each stage in complete metamorphosis is distinct from the others- imagine a butterfly- egg, caterpillar, pupa (cocoon), and then adult.

The adult caddis is unusual in that they hold their wings tentlike over their body when at rest. They lay their eggs in the water and are usually taken by fish as they rise back to the surface after egg laying and as they try to kick through the surface film and break free to fly away.

According to Jim Schollmeyer in his article "Fishing a Caddisfly Hatch" in the summer, 2006 issue of Flyfishing and Tying Journal, you can tell more or less how trout are feeding by observing the rises, if such exists.

Breaking the surface indicates that the fish is taking a caddis (or other insect) at or near the surface. Further, if the take is slow the fish is probably taking a spent or dead form, which is not a threat to escape. A fast take usually means the fish is hitting an adult or emerging adult, which is a threat to escape.

Trout feeding within a foot or two feet of the surface produce a more or less gentle boil. This tells you to fish a little deeper.

One successful method is to tie on an adult caddisfly imitation, such as an elk hair caddis or a deer hair caddis, in the proper color. 18" below this tie on an immature pattern, like a sparkle pupa. As Jim Schollmeyer suggests, treat the dry as an indicator. Set the hook if it moves or there is the slightest disturbance of the water around it.

Just as an aside, statistics show that trout take 9 times as many larvae or nymphs as adults. Don't leave off the dropper.

Caddisfly hatches occur throughout Arizona and there is hardly a time on any stream where caddisflies are not available in some form.

In the Summer 2006 issue of Fly Tye magazine (page 28) you will find an article on tying realistic and effective patterns for caddis larvae. Check it out!



Larva
in Case



Adult

Go-To Flies When Caddis are Hatching:

Wet: Fuzzy Wuzzy, Hare's Ear tied heavy

Dry: Elk Hair Caddis, Stimulator

-Ron Robinson

Brins Fire: Looking Ahead

Both Northern Arizona Flycasters Club and AFC have been in contact with AZ Game and Fish and Coconino National Forest Service regarding the Brins Fire in Oak Creek Canyon. Now that the fire is out, the concern is ash runoff into the creek. Barriers, such as tightly rolled hay buffers, (you have probably seen them along highways- round tube looking things) may help deter the soil and ash from reaching the creeks and causing severe environmental damage.

Stay posted for possible volunteer opportunities in the Red Rock District.

Book Review

Ron Robinson

"...reading this book has changed my approach to fly selection and fishing techniques."

At our class last month on fishing chironomids in our cold water lakes, John Rohmer mentioned the book, [Fly Patterns for Stillwaters](#), by Philip Rowley. Phil did a great deal of research on trout stomach contents from lake-caught trout during all periods of the year. He presents this data in his book and it was a real eye opener for me. He has the yearly averages along with those for spring, summer and fall. Chironomids are the dominant food followed by scuds. How many of you fish chironomids in our lakes?

Listening to John's presentation and reading this book has changed my approach to fly selection and fishing techniques. The primary purpose of this book is to improve your understanding of food sources so you can apply it to your fly selection. The suggested patterns, along with the tying and fishing instructions, should increase your fish count and add a new level of enjoyment to your fishing trips.

The patterns discussed are not the normal commercial stuff you would get from a fly shop. Phil did this on purpose to help promote creativity in the fly tying community. If you don't tie, you can still select from the commercial patterns and do a fine job at having an adequate supply. For example, the bloodworm type chironomid is a key fly and Phil gives his own favorite. We use several different types of bloodworm patterns on the San Juan and all are acceptable alternates. His suggestion for the damsel fly nymph can be substituted with a number of patterns we use on a regular basis.

For those of us that like to tie, his ideas on materials and tying techniques are well worth the price of the book. As an added bonus, his suggestions for where, when and how to fish each of the different flies will help put more fish in our daily catch log.

You can get this book at Arizona Flyfishing (call to reserve a copy) or at a good fishing bookstore.

Readin' and Ritin' and Rodbuildin'

It's not hard to imagine Neal Cissel as the kid daydreaming and looking out the window back in his grammar school days. These days he dreams big! One moment early this year he was listening to a conversation about the many needs of kids at Tavan Elementary school in Phoenix. The next, he was telling the Principal he'd like to teach the school's fifth-graders to build their own fishing rods. Neal says that when told there would be 120 students, "...I never batted an eye on the number- all I could see in my mind was a lot of very excited and happy kids."

Neal donated the blanks and components and enlisted Ron Robinson's help. Along with Ron, about a dozen AFC members donated their Friday afternoons in May, making the trip to Tavan to help teach the kids rod wrapping.

Neal wrote the club to let us know that all of the kids received their "Rodbuilding 101" diplomas last month and got to start their summer off with a newly finished rod. "We pulled this endeavor off with your help! I couldn't have done it without you all... Here are a few pictures of what you did to help with this project. Again I want to thank you for helping me give a little happiness to the youth of our future."



**This
Month's
Outing:
Big Lake**

July 23rd -25th

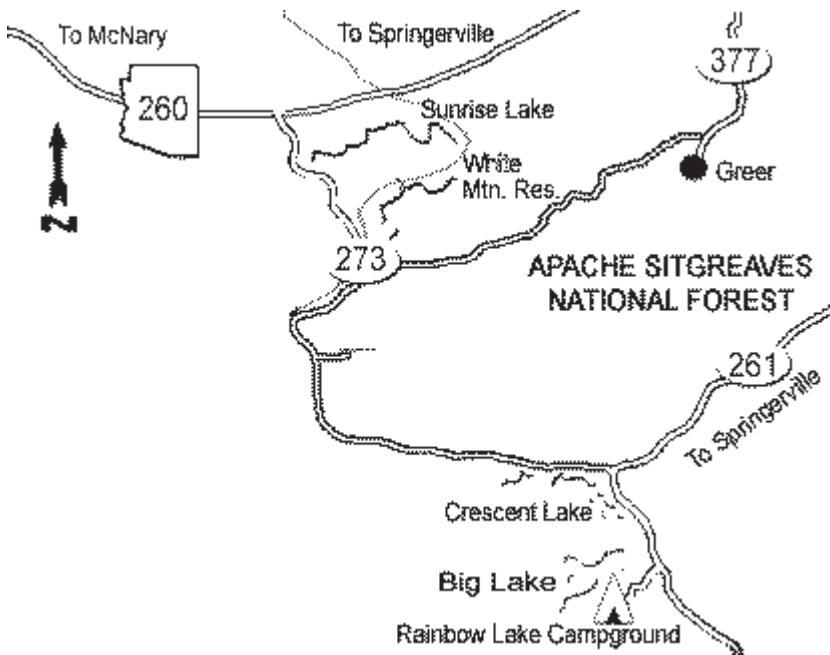
Roger Cahoon

The July Outing will be held the 22nd and 23rd at Big Lake in the beautiful White Mountains. Located at approximately 9000' elevation this 500-acre lake is stocked with no less than four species of trout (rainbow, brook, apache and cut-throat) and offers the angler a great opportunity to catch a trophy trout. Fly selection should include an assortment of nymphs, buggers and leeches, using sinking lines during the day and floating lines for the evening hatch.

The club will be staying at Rainbow Campground, which is only a short drive from the water's edge. If you have not made reservations there is still time and space available. Reservations can be made at www.reserveusa.com or by calling 1-877-444-6777.

Please be advised that State Route 273 (which has been reported closed) is open but in very poor condition. The alternate route is to travel East on Highway 260 to State Route 261, which is a fully paved road from Eager to Big Lake. This is a little longer way to go but it will save your vehicles a lot of wear and tear.

Camp Hosts will be the Cahoons located in campsite #49. When you get settled in your camp, please come by to sign in and get the location of the pot luck to be held at 3:00pm Saturday.



Big Bear/Little Bear Trip Report

We had a great turnout: even with forest closures, 27 members attended! At Big Bear, Little Bear, Gary Hinrichs reported that on Friday he caught about 20 fish (stockers), and the Gannons said that it was one of the best outings as far as fishing goes.

Some of us tested nearby waters. Phil Wagner and I fished Earl Park on Friday and caught a few and they were nice size. Saturday, Phil, Larry Kamins, Dennis Lockett and myself fished Sunrise Lake. Larry caught two 18" fish and I caught one close to 18" and Phil caught one and of course, the best fisherman of all of us, Dennis, didn't catch anything but a cold.

The potluck was wonderful, as always; Dominika made brownies (with the use of our oven) and they were fantastic!

Hope to see you at Big Lake! Mark your calendars for the August outing - our Crawfish/Bull Thistle weekend.

**Federation
News**

Dario Travaini
FFF Representative

Inspired by the successful Casting for Recovery program for breast cancer survivors, a number of FFF affiliate fly casting clubs are planning to provide therapeutic training in fly-casting, fly-tying and recreational outings for wounded veterans returning to their home communities following treatment at Walter Reed Army Medical Center and Bethesda Naval Medical Center.

This program is called Project Healing Waters. Of the more than 20,000 wounded in Iraq and Afghanistan, many have lost arms or legs or suffered wounds that will prevent them from using or limit the use of their hands or feet - often for the rest of their lives. You will be pleased to know that AFC is actively planning to participate in Healing Waters. We currently have 12 volunteers. There will be a lot to do prior to start-up. Contacts to be developed, lesson plans to be prepared, materials and equipment to be assembled and approval from the local VA chain of command put in place.

If you have any questions, don't hesitate to contact me or stop by the FFF table during the next club meeting.

**2006
AFC
Board
of Directors**

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**Chow
Lines**

"Did you get any of the blueberry thing?" Turns out the mystery dessert we hear so much about at any pot-luck that Nancy Lockett attends is a dressed-up peach cobbler. For good measure, she adds her "chile thing" recipe, which folks have also clamored for. Thanks Nancy!

Chef Bear's Peach Cobbler

20 oz. can crushed pineapple undrained	1/2 cup chopped pecans
1 lb. bag frozen fruit of your choice, thawed (I use blueberries)	1/4 cup sugar
13 oz. box yellow cake mix	1/2 cup butter, melted
1 lb. bag frozen peach slices, thawed	

Preheat oven to 350 degrees. In a 9 by 13 ungreased pan spread pineapple. Add thawed fruit, cake mix, peach slices, pecans, sugar, then the melted butter. Bake at 350 for 35 to 40 minutes or until golden brown. Serve with a scoop of vanilla ice cream.

Chile Relleno Casserole

2 cans (7ounces each) mild green chiles	1 cup liquid egg substitute
8 ounces reduced-fat Italian blend cheese, shredded	1 cup low-fat milk
8 ounces reduced fat Cheddar cheese, shredded	2 T flour
	1 jar (16 ounces) salsa

Preheat oven to 350 degrees. Spray a 9 by 13 inch casserole with non-stick cooking spray and set aside. Remove all the chiles from the cans. Slit each one down the side and open flat. Then place half of the chiles in a single layer on the bottom of the pan. Layer half the cheeses on top of the chiles. Then top that with the remaining chiles. Sprinkle the remaining cheeses over the top.

Combine the egg substitute, milk and flour in a shaker and blend until smooth. Pour the mixture over the chiles and cheese. Bake for 30 minutes. Remove from oven and pour the salsa over the top of the casserole. Return the dish to the oven and bake for an additional 20 minutes. Let stand 10 minutes before cutting. Makes 6 servings.

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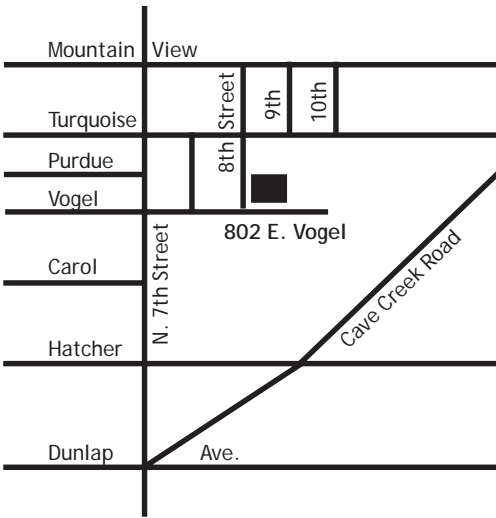
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Arizona Flycasters Club meetings are held at 7:00 p.m. on the second Thursday of every month at the Sunnyslope Community Center. The Annual Banquet is held in the month of February. Watch for further details.

The Arizona Flycasters Club newsletter is published by the Arizona Flycasters Club and is distributed to its members and advertisers. Opinions expressed in the newsletter are not necessarily those of the club. Advertisements are placed as a means of conveying the message of the advertisers. The AFC does not necessarily endorse the advertisers' products or services.

Application for Annual Membership

Name _____

Address _____

City/State/Zip _____

Home Phone _____

Work Phone _____

Date _____ E-mail _____

Annual family membership = \$30

Send check or money order to:



Arizona Flycasters Club

P.O. Box 47357

Phoenix, AZ 85068-7357

Be an active member and volunteer for a committee.

Please indicate all those which interest you:

- | | |
|---|---------------------------------------|
| <input type="checkbox"/> Membership | <input type="checkbox"/> Conservation |
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Arizona Flycasters Club

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Phoenix, AZ 85068-7357

<http://www.azflycasters.org>



Next Meeting:
Essential Arizona Flies
 Thursday,
 July 13th
 7:00 PM

This space reserved for your name and address.
 Don't Miss Out-
Join Today!